



# SAINT ANN'S SCHOOL

## Recreational Arts

### INFORMATION ABOUT CONCUSSIONS AND IMPACT TESTING

Dear Parents and Guardians,

For the safety of our student athletes, Saint Ann's School adopted a program called ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) in the fall of 2012.

Moving forward, the ImPACT program will be a mandatory part of participating in team sports for 5th–12th graders at Saint Ann's. This assessment is required **at the start of every school year** for our student athletes.

The ImPACT assessment is a 30-minute online program that is completed at home. Athletes must take this baseline assessment prior to the team's first tryout. In the event that a player sustains a head injury, this information can be compared to a post-concussion assessment, and be used by parents, our medical staff, and the student's medical provider in evaluating the injury and managing recovery. The ImPACT results are, of course, confidential and will only be used in the event that a head injury occurs. Parents may request a copy of the results at any time.

If you have any questions at all, please do not hesitate to contact us. For further information about ImPACT or concussion management, please visit the Recreational Arts and Athletic Department webpage.

Thank you,

Carolyn Lattimer  
Co-Chair, Recreational Arts Department

Soren Madsen  
Co-Chair, Recreational Arts Department